

ADULT MEMBER HEALTH RECORD

ABOUT YOU

| | |
|--|---------------------|
| NAME: | |
| ADDRESS: | |
| CITY: | STATE/ZIP CODE: |
| HOME PHONE: | CELL PHONE: |
| EMAIL ADDRESS: | |
| WOULD YOU LIKE TEXT MESSAGE REMINDERS? CIRCLE Y or N CELL PHONE PROVIDER: | |
| DATE OF BIRTH: | |
| AGE: | |
| SOCIAL SECURITY #: | GENDER: |
| MARITAL STATUS: | NUMBER OF CHILDREN: |
| EMPLOYER NAME: | |
| EMPLOYER ADDRESS: | |
| WORK PHONE: | POSITION TITLE: |

ABOUT YOUR SPOUSE

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| SPOUSE NAME: |
| SPOUSE EMPLOYER: |
| POSITION TITLE: |

HEALTH HABITS

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|---|
| DO YOU SMOKE OR HAVE YOU EVER SMOKED? <input type="checkbox"/> YES <input type="checkbox"/> NO |
| DO YOU DRINK ALCOHOL? <input type="checkbox"/> YES <input type="checkbox"/> NO |
| DO YOU DRINK COFFEE, TEA OR SODA? <input type="checkbox"/> YES <input type="checkbox"/> NO |
| DO YOU EXERCISE REGULARLY? <input type="checkbox"/> YES <input type="checkbox"/> NO |
| DO YOU WEAR: |
| <input type="checkbox"/> HEEL LIFTS <input type="checkbox"/> SOLE LIFTS <input type="checkbox"/> INNER SOLES <input type="checkbox"/> ARCH SUPPORTS |

MEDICATIONS YOU TAKE

| | |
|--|--|
| <input type="checkbox"/> CHOLESTEROL MEDICATIONS | <input type="checkbox"/> INSULIN |
| <input type="checkbox"/> STIMULANTS | <input type="checkbox"/> PAIN KILLERS |
| <input type="checkbox"/> TRANQUILIZERS | <input type="checkbox"/> BLOOD PRESSURE MEDICINE |
| <input type="checkbox"/> MUSCLE RELAXORS | <input type="checkbox"/> OTHER |

CHIROPRACTIC EXPERIENCE

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|---|
| WHO REFERRED YOU TO OUR OFFICE? |
| HAVE YOU SEEN OR HEARD OF OUR OFFICE BECAUSE OF (✓ ALL THAT APPLY): <input type="checkbox"/> NEWSPAPER <input type="checkbox"/> SIGN <input type="checkbox"/> YELLOW PAGES <input type="checkbox"/> COMMUNITY EVENT <input type="checkbox"/> MAILING |
| HAVE YOU BEEN ADJUSTED BY A CHIROPRACTOR BEFORE? <input type="checkbox"/> YES <input type="checkbox"/> NO |
| IF YES, WHAT WAS THE REASON FOR THOSE VISITS? |
| DOCTOR'S NAME: |
| APPROXIMATE DATE OF LAST VISIT: |
| HAS ANY MEMBER OF YOUR FAMILY EVER SEEN A CHIROPRACTOR? |

REASON FOR THIS VISIT

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| DESCRIBE THE REASON FOR THIS VISIT: |
| PLEASE BRIEFLY DESCRIBE, INCLUDING THE IMPACT IT HAS HAD ON YOUR LIFE. IF YOU'RE ONLY HERE FOR CHIROPRACTIC WELLNESS SERVICES PLEASE SKIP TO NEXT PAGE: <input type="checkbox"/> WELLNESS <input type="checkbox"/> SPORTS <input type="checkbox"/> AUTO <input type="checkbox"/> FALL <input type="checkbox"/> HOME INJURY <input type="checkbox"/> JOB <input type="checkbox"/> CHRONIC DISCOMFORT <input type="checkbox"/> OTHER |
| PLEASE EXPLAIN: |
| WHEN DID THIS CONCERN BEGIN? |
| HAS THIS CONCERN: <input type="checkbox"/> GOTTEN WORSE <input type="checkbox"/> STAYED CONSTANT <input type="checkbox"/> COME AND GONE |
| DOES THIS CONCERN INTERFERE WITH: <input type="checkbox"/> WORK <input type="checkbox"/> SLEEP <input type="checkbox"/> DAILY ROUTINE <input type="checkbox"/> OTHER ACTIVITIES |
| PLEASE EXPLAIN: |
| HAS THIS CONCERN OCCURRED BEFORE? <input type="checkbox"/> YES <input type="checkbox"/> NO |
| PLEASE EXPLAIN: |
| HAVE YOU SEEN OTHER DOCTORS FOR THIS CONCERN? <input type="checkbox"/> YES <input type="checkbox"/> NO |
| DOCTOR'S NAME: |
| TYPE OF TREATMENT: |
| RESULTS: <input type="checkbox"/> GOOD <input type="checkbox"/> BAD <input type="checkbox"/> INDIFFERENT |

SUPPLEMENTS YOU TAKE

| | |
|--|--------------------------------------|
| <input type="checkbox"/> ESSENTIAL FATTY ACIDS | <input type="checkbox"/> PROBIOTIC |
| <input type="checkbox"/> MULTIVITAMIN WHICH: _____ | <input type="checkbox"/> OTHER _____ |
| <input type="checkbox"/> CALCIUM / MAGNESIUM | <input type="checkbox"/> OTHER _____ |
| <input type="checkbox"/> VITAMIN C | <input type="checkbox"/> OTHER _____ |



Global Health Chiropractic
 A Creating Wellness Center
 8004 Abbeville Ave
 Lubbock, TX 79424

Global Health Chiropractic North
 4716 4th St., Ste 102
 Lubbock, TX 79416
 806-224-0063

FOR WOMEN ONLY

| | | | |
|--------------------------------|------------------------------|-----------------------------|---------------------------------|
| ARE YOU PREGNANT? | <input type="checkbox"/> YES | <input type="checkbox"/> NO | <input type="checkbox"/> UNSURE |
| IF YES, WHEN IS YOUR DUE DATE? | | | |
| ARE YOU NURSING? | <input type="checkbox"/> YES | <input type="checkbox"/> NO | |
| ARE YOU TAKING BIRTH CONTROL? | <input type="checkbox"/> YES | <input type="checkbox"/> NO | |
| DO YOU: | | | |
| EXPERIENCE PAINFUL PERIODS? | <input type="checkbox"/> YES | <input type="checkbox"/> NO | |
| HAVE IRREGULAR CYCLES? | <input type="checkbox"/> YES | <input type="checkbox"/> NO | |
| HAVE BREAST IMPLANTS? | <input type="checkbox"/> YES | <input type="checkbox"/> NO | |

GOALS FOR YOUR CARE

People see Chiropractors for a variety of reasons. Some go for relief of pain, some to correct the cause of pain and others for correction of whatever is malfunctioning in their body. Your Doctor will weigh your needs and desires when recommending your care program. Please check the type of care desired so that we may be guided by your wishes whenever possible.

- Relief care:** Symptomatic relief of pain or discomfort.
- Corrective care:** Correcting and relieving the cause of the problem as well as the symptom.
- Comprehensive care:** Bring whatever is malfunctioning in the body to the highest state of health possible with Chiropractic care.
- I want the Doctor to select the type of care appropriate for my*

WERE YOU AWARE THAT...

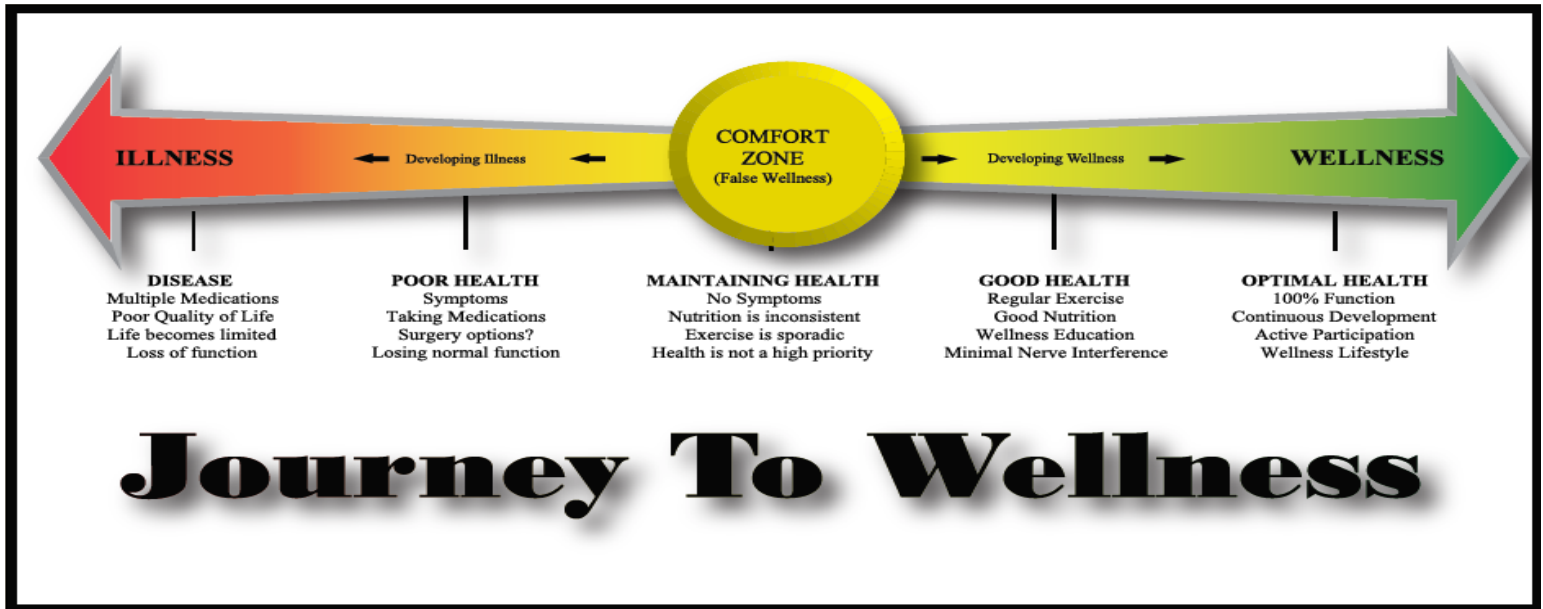
| | | |
|--|------------------------------|-----------------------------|
| DOCTORS OF CHIROPRACTIC WORK WITH THE NERVOUS SYSTEM? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| THE NERVOUS SYSTEM CONTROLS ALL BODILY FUNCTIONS AND SYSTEMS? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |
| CHIROPRACTIC IS THE LARGEST NATURAL HEALING PROFESSION IN THE WORLD? | <input type="checkbox"/> YES | <input type="checkbox"/> NO |

YOUR CONCERNS

| | | |
|--|--|---|
| <p><i>Sore Throat</i> <i>Stiff Neck</i> <i>Radiating Arm Pain</i> <i>Hand/Finger Numbness</i> <i>Asthma</i> <i>Allergies</i> <i>High Blood Pressure</i> <i>Heart Conditions</i></p> | | <p><i>Headaches</i> <i>Migraines</i> <i>Dizziness</i> <i>Sinus Problems</i> <i>Allergies</i> <i>Fatigue</i> <i>Head Colds</i> <i>Vision Problems</i> <i>Difficulty Concentrating</i> <i>Hearing Problems</i></p> |
| <p><i>Constipation</i> <i>Colitis</i> <i>Diarrhea</i> <i>Gas Pain</i> <i>Irritable Bowel</i> <i>Bladder Problems</i> <i>Menstrual Problems</i> <i>Low Back Pain</i> <i>Pain or Numbness in legs</i> <i>Reproductive Problems</i></p> | | <p><i>Middle Back Pain</i> <i>Congestion</i> <i>Difficulty Breathing</i> <i>Bronchitis</i> <i>Pneumonia</i> <i>Gallbladder Conditions</i> <i>Stomach Problems</i> <i>Ulcers</i> <i>Gastritis</i> <i>Kidney Problems</i></p> |
| | | <p>OTHER:</p> <p>_____</p> <p>_____</p> <p>_____</p> |

Rate your health

Place an 'X' that denotes where you believe your current level of health to be.
Place an 'O' indicating where you would like your health to be.



AUTHORIZATION FOR CARE

I hereby authorize the Doctor to work with my condition through the use of adjustments to my spine, as he or she deems appropriate. I clearly understand and agree that all services rendered me are charged directly to me and that I am personally responsible for payment. I agree that I am responsible for all bills incurred at this office. The Doctor will not be held responsible for any pre-existing medically diagnosed conditions nor for any medical diagnosis. I also understand that if I suspend or terminate my care, any fees for professional services rendered me will become immediately due and payable.

I hereby authorize assignment of my insurance rights and benefits (if applicable) directly to the provider for services rendered. I understand and agree that health and accident insurance policies are an arrangement between an insurance carrier and myself. I understand that the Doctor's Office will prepare any necessary reports and forms to assist me in collecting from the insurance company and that any amount authorized to be paid directly to the Doctor's Office will be credited to my account on receipt.

Ownership of X-ray Films: It is understood and agreed that the payments to the Doctor for X-rays is for examination of X-rays only. The X-ray negative will remain the property of the office. They are kept on file where they may be seen at any time while I am a patient at this office.

INITIAL IF READ ABOVE _____

TERMS OF ACCEPTANCE

When a patient seeks chiropractic care and we accept such a patient for care, it is essential for both to be working towards the same objective. Chiropractic has only one goal. It is only when the patient understands both the objective and the method that they will be able to attain it. This will prevent any confusion or disappointment.

An adjustment is the specific application of forces to facilitate the body's correction of vertebral subluxation. Our chiropractic method of correction is by specific adjustments to the spine. Health is a state of optimal physical, mental and social well being, not merely the absence of disease. Vertebral Subluxation is a misalignment of one or more of the joints of the body. This can cause pain or alteration of nerve function and interference of the transmission of nerve impulses, lessening the body's innate ability to maintain maximum health.

We do not offer to diagnose or treat any disease or condition other than vertebral subluxation. However, if during the course of a chiropractic spinal evaluation, we encounter non-chiropractic or unusual findings, we will advise you. If you desire advice, diagnosis or treatment for those findings, we will recommend that you seek the services of a health care provider who specializes in that area. Regardless of what the disease is called, we do not offer to treat it. Nor do we offer advice regarding treatment prescribed by others. OUR ONLY PRACTICE OBJECTIVE is to eliminate a major interference to the expression of the body's innate wisdom. Our only method is specific adjusting to correct vertebral subluxation.

I have read and fully understand the above statement. Any questions regarding the doctor's objectives pertaining to my care in this office have been answered to my complete satisfaction. I therefore accept chiropractic care on this basis.

INITIAL IF READ THE ABOVE _____

DATE:

NOTICE OF PRIVACY POLICY

Protecting the privacy of your personal health information is important to us. Disclosure of your protected health information without authorization is strictly limited to defined situations that include emergency care, quality assurance activities, public health, research, and law enforcement activities. Any other disclosures for the purposes of treatment, payment or practice operations will be made only after obtaining your consent.

- You may request restrictions on your disclosures.
- You may inspect and receive copies of your records within 30 days with a request.
- You may request to view changes to your records.
- In the future, we may contact you for appointment reminders, announcements and to inform you about our practice and its staff.

I understand that, under the Health Insurance Portability & Accountability Act of 1996 (HIPAA), I have certain rights to privacy regarding my protected health information. I understand that this information can and will be used to:

- Conduct, plan and direct my treatment and follow up with multiple healthcare providers who may be involved in that treatment directly or indirectly.
- Obtain payment from third party payers.
- Conduct normal healthcare operations such as quality assessments and physician's certifications.

I have read and understand your Notice of Privacy Practices. A more complete description can be requested. I also understand that I can request, in writing, that you restrict how my personal information is used and or disclosed.

PATIENT NAME (PLEASE PRINT):

RELATIONSHIP TO PATIENT:

SIGNATURE:

DATE: